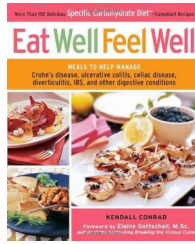


Eat Well, Feel Well: More Than 150 Delicious Specific Carbohydrate Diet (TM) -compliant Recipes



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