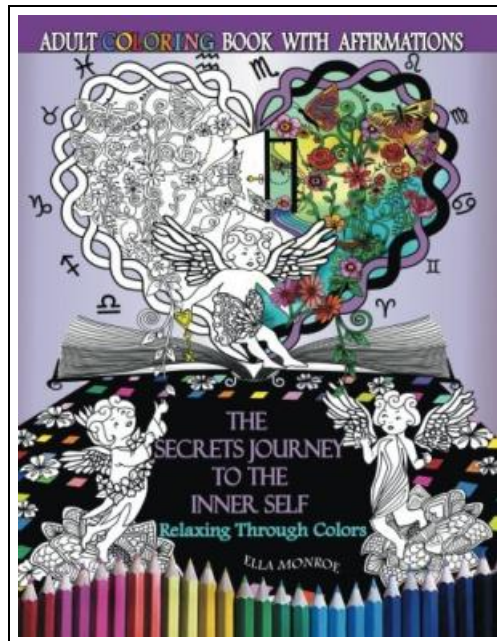


The Secrets Journey to the Inner Self: Relaxing Through Colors - Adult Coloring Book with Affirmations (Paperback)



Filesize: 2.37 MB

Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

THE SECRETS JOURNEY TO THE INNER SELF: RELAXING THROUGH COLORS - ADULT COLORING BOOK WITH AFFIRMATIONS (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Secrets Journey to the Inner Self is a drawing book dedicated to adults who want to reconnect with their own inside creativity and to relax thru coloring in the wonderful world of art. A simple and inexpensive way to reach the relaxing mood, this book contains the coloring design models specially made to make your spirit travel into the magical universe where you ll discover the secrets of a fulfilled life. The journey of our life will form the perspective of our own universe forcing us to discover ourselves. These patterns design will lead you into your interior world, without boundaries, helping you to relax for a few minutes while you enjoy the wonderful universe of colors. My drawing designs vary in complexity from beginner to advanced, starting with realistic patterns into beautiful combinations of geometric shapes, Mehndi Designs, Mandalas for each zodiac sign, greeting cards for zodiac signs, nature scenes, floral designs, tessellation patterns, animal designs, fanciful faces, and fashion fantasies to offer a variety of interesting challenges. The book is perfect step to rediscover the love and gratefulness for everything around us. This book offers 44 different designs, all created with the purpose of encouragement, dexterity, handiness, and self-discovery- 1.increase of self-confidence, 2.ability to develop and integrate into harmonious family and society life, 3.strengthen the capacity of concentration, 4.stimulate creativity, fantasy, relaxation and stress relief. The patterns design I created on a very good quality paper, 8.5x11.5 ideal for coloring pencils, gel pens, pastels and markers. These patterns are on one part of the page so you don t have to worry about markers bleeding because is not going thru. Anyway, for a better protection I...



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