



Alkaline Juices and Smoothies: Over 75 rebalancing juices and a 7-day cleanse to boost your energy and restore your glow (Paperback)

By Dr. Stephan Domenig, Martyna Angell

Modern Books, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book. Kick-start your health makeover with Alkaline Juices and Smoothies, a fast track to weight loss, increased energy and a balanced body and mind. Written by the author of the bestselling Alkaline Cure, this clean, lean and delicious menu includes over 75 green smoothies, fresh juices and satisfying healthy drinks as well as a 7-day detox plan. Alkaline Juices and Smoothies is the first step in a lifetime change and a healthier diet.

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