



## Zero Point Agreement: How to be Who You Already are (Paperback)

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By Julie Tallard Johnson

Inner Traditions Bear and Company, United States, 2014. Paperback. Condition: New. Original. Language: English . Brand New Book. A practical guide to stop searching for meaning by creating meaning from within - Explains how we can only discover who we are by naming what we want to be and taking steps to make it a reality - Offers simple evidence-based methods to generate enthusiasm, creativity, and direct spiritual experience and to co-create with the natural world as our ancestors did - Presents 11 core principles for living life from within, such as how to take full responsibility for motivation and effort, express gratitude, and focus your intention Everyone wants to experience purpose and inspiration in their lives, but the search for meaning often leaves a seeker in the hands of fate. Offering a different approach to self-discovery, one where we create our meaning from within rather than seek it from the outside world, Julie Tallard Johnson shows there is a science behind personal spiritual experiences and creativity. She reveals simple evidence-based methods that can be applied to any situation to generate enthusiasm, inspiration, and direct spiritual experience and transform the inner and outer landscapes of your life. Drawing from the...

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