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Psychology and the Teacher

By Hugo Munsterberg

Theclassics.us, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1911 edition. Excerpt: . will be helpful. The careful adjustment of the motor impulses in fixating and listening, in writing and reading and drawing, is a constant schooling of the attention. Yes, it is evident that in this sense even systematic gymnastic training will do some service. The motor processes then work backward on the mental states. The careful adjustment of the motor organs reenforces the vividness and clearness of the ideas, and the suppression of the opposite actions secures the inhibition of the interfering thoughts. The shiftless mind can be most directly forced into service by a systematic control of the motor response. The misapplication begins only if the motor activities are reenforced in such a way that they themselves enter into: the center of attention. The mental balance then becomes disturbed, and that which was to secure attention becomes an element of distraction. But the...



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