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## Journal for Spiritual Development

By Anna Marie Eloisa Hernandez

Xulon Press. Paperback. Book Condition: New. Paperback. 186 pages. Dimensions: 7.9in. x 4.7in. x 0.7in..JOURNAL FOR SPIRITUAL DEVELOPMENT The Bible gives a blueprint for spiritual development in both the Old and New Testament. The Old Testament prophets and Jesus left a spiritual roadmap for life through their teachings and lives. Journal for Spiritual Development gives a pragmatic approach for becoming a living witness of the Gospel in seven steps. Practical principles are given to aid in the spiritual journey of life. Self-guided questions, spiritual reflections, and activities accompany each proverb and biblical passage. You will learn: The principles for problem resolution and survival Stress reduction through fitness training Empowerment through stewardship Ways to improve understanding and organizational skills How to develop effective leadership skills Keys to develop discernment and wisdom. Journal for Spiritual Development is recommended for both individual Bible study and group Scripture sharing. It is a practical guide for the faith journey of any Christian on the road to Jerusalem. Anna Marie Eloisa Hernandez has been involved in various church ministries since college. She began her ministry work as a lector and liturgical dancer. Presently, she is involved in the bereavement and prayer ministries at her local parish....



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