

Hyperemesis Gravidarum - the Definitive Guide (Paperback)

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Reviews

A must buy book if you need to adding benefit. It is actually rally fascinating throgh studying time. Your way of life span will likely be transform as soon as you complete looking over this publication. *(Ms. Bernice Rolfson)*

HYPEREMESIS GRAVIDARUM - THE DEFINITIVE GUIDE (PAPERBACK)



Spewing Mummy, United Kingdom, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Hyperemesis Gravidarum - The Definitive Guide is the complete handbook for women suffering this severe complication of pregnancy, their families and their healthcare providers. Covering everything from treatment options to coping strategies, the emotional impact to planning another baby, this book will be filled to the brim with information based on the latest research and the personal experiences of thousands of survivors. Proactive and inspiring, it is the definitive guide to hyperemesis gravidarum for sufferers, their partners and the healthcare professionals caring for them. The four part book, comprising 14 chapters, is devised to make the information you need as accessible as possible. Part one covers definitions of hyperemesis gravidarum, theories into it s causes, information on treatments and management plans. Aimed more at the healthcare professionals it covers in depth the current research and care plans yet is accessible and essential for the sufferer too. Part two is the essential survival guide for sufferers, their partners and family and friends. Covering coping strategies for the numerous symptoms of hyperemesis gravidarum, from excessive saliva and oral hygiene to the emotional impact and people who just don t get it, this section won t cure you but it will make the nightmare nine months that little bit easier. Part three approaches life after hyperemesis gravidarum including recovering from the trauma, mental health issues and preparing for another. Alternatives to pregnancy, such as adoption and single child family structures are gently discussed and the book is rounded up with a positive pro-active approach to coping with hyperemesis as part of your life experience. Part four provides a range of useful information, links, contacts, tables and charts to help you survive your journey with HG.

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