



Secrets of Healing (Paperback)

By Jenny Tejada-Camilo

Balboa Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Secrets of Healing provides the light not only to your physical illness but most important to your emotional wounds. This book can help you realize that there is a cure for every sickness. It will show you that there is an end for every problem you might face. Achieving freedom of mind and eradicating all forms of confusion or ignorance can help you achieve physical, mental, and spiritual enlightenment. In addition, you may realize who you really are and all the power that you possess to heal yourself. By applying the good habits, techniques, and the way you think, you can gain big rewards as well as adding health to your life. It is an extremely important guide to change the mental program at a higher conscious level. By meditating, you can train the mind to keep yourself calm. It can help you to be free from disturbances, either from your inner or outer being. When the mind is properly developed, it brings happiness. If the mind is neglected, you run into troubles and difficult times. A disciplined mind is strong and...

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