



There Is No Need to Talk about This: Poetic Inquiry from the Art Therapy Studio

By Karen O. Wallace

Sense Publishers. Paperback. Condition: New. 144 pages. Dimensions: 9.2in. x 6.1in. x 0.3in. The mystery of Art Therapy is demystified in this book as the author offers an illuminating glimpse into her therapy practice. The author is deeply immersed in her own creative process and the respect, delicacy, and understanding that she provides her clients shines through. The poems embrace the painful aspects of her clients lives and show how by working skillfully and creatively with trauma, abuse and mental illness, her clients move forward into joy, well-being and wholeness. Her poetic reflections move us to appreciate how art can be used as an instrument of transformation by travelling through landscapes where words cannot go. Art is unique in its ability to embrace and communicate complex, deep, and subtle aspects of emotional experience. And often the best way to reflect upon and understand these artistic processes is to respond to them with more, in the same medium or a different one. Karen Wallace convincingly does both in There Is No Need to Talk about This: Poetic Inquiry from the Art Therapy Studio. Artistic expressions and images are apt to be a few steps ahead of the analytic minds way of sorting...



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