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REINVENT ME (PAPERBACK)



Watkins Media, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Former professional dancer and Strictly Come Dancing winner Camilla Sacre-Dallerup is the queen of reinvention. Now a motivational speaker, hynotherapist, life and mindful living coach, she presents a clear, accessible, 8-step motivational programme that will enable anyone to reinvent themselves, just as she has. In Reinvent Me you will discover exercises, success stories and new tools to overcome barriers and start anew. Each chapter ends with...

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- Authored by Camilla Dallerup
- Released at 2017



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