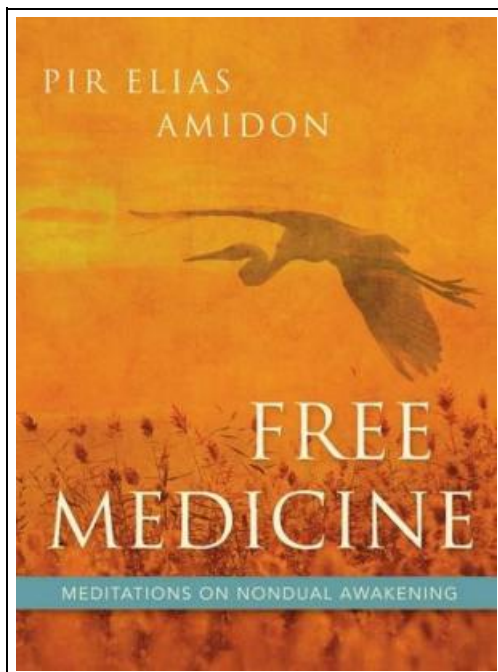


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Sentient Publications, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. Free Medicine is a collection of forty intimate meditations written by Sufi teacher Pir Elias Amidon. Whether describing a naked dive into a pond in the middle of the night, or a confrontation with soldiers in a Burmese temple, these meditations can serve as companions for those whose deepest desire is to know first-hand the good news at the heart of reality. Human, accessible, and tender, Free Medicine has the power to open us up in ways we never expected. In the words of Keith Dowman, author of Natural Perfection, Although it comes packaged in different languages, cultures and religions, deep mystical insight spirals around a single heart-core: here is Elias Amidon s inspired Sufi reflection of that ineffable nondual reality. Amidon s close connection with nature; his compassion for people in distress; his simple, clear observation of the mysteries of life and death; and his calm sense of humor combine in intriguing ways to reveal the uncaused happiness that is our essence. Reading this book is a wonderful experience, full of brilliant insights, stories, images, lots of free medicine, says Coleman Barks, author of The Essential Rumi.



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