



## Amamantar: El Regalo mas Preciado Para tu Bebe y Para ti

By Regina Sara Ryan, Deborah Auletta

Hohm Press,U.S. Paperback. Book Condition: new. BRAND NEW, Amamantar: El Regalo mas Preciado Para tu Bebe y Para ti, Regina Sara Ryan, Deborah Auletta, Containing text in Spanish, this book acts as an ideal resource for childbirth educators, doctors, and nurses, as well as Spanish-speaking soon-to-be and new moms everywhere. Today, though breastfeeding is supported worldwide by UNESCO and most paediatricians and hospitals, many new mothers are still too easily persuaded to stop. This book, available for the first time in Spanish, pleasingly demonstrates that breastfeeding is the healthiest option for both baby and mom. With gorgeous photos and 20 terrific reasons why breastfeeding is best, this guide summarises current research about the disease, protective and nurturing substances that breast milk alone supplies. It also stresses the deep physical emotional bond that breastfeeding establishes between mother and child.



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