# Trauma and Grief Component Therapy for Adolescents: A Modular Approach to Treating Traumatized and Bereaved Youth



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# Reviews

*Very good e-book and helpful one. It is among the most awesome publication we have read. Its been developed in an remarkably simple way in fact it is simply right after i finished reading this book through which basically transformed me, affect the way i really believe.* (*Prof. Kacey O'Hara*)

# TRAUMA AND GRIEF COMPONENT THERAPY FOR ADOLESCENTS: A MODULAR APPROACH TO TREATING TRAUMATIZED AND BEREAVED YOUTH



Cambridge University Press. Paperback. Condition: New. 300 pages. Developed by experts in trauma psychiatry and psychology and grounded in adolescent developmental theory, this is a modular, assessment-driven treatment that addresses the needs of adolescents facing trauma, bereavement, and accompanying developmental disruption. Created by the developers of the UCLA PTSD Reaction Index and the Persistent Complex Bereavement Disorder Checklist, the book links clinicians with cutting-edge research in traumatic stress and bereavement, as well as ongoing training opportunities. This innovative guide offers teen-friendly coping skills, handouts, and specialized therapeutic exercises to reduce distress and promote adaptive developmental progression. Sessions can be flexibly tailored for group or individual treatment modalities; schoolbased, community mental health, or private practice settings; and different timeframes and specific client needs. Drawing on multidimensional grief theory, it offers a valuable toolkit for psychologists, psychiatrists, counsellors, and others who work with bereaved and traumatized adolescents. Engaging multicultural illustrations and extensive field-testing give this user-friendly manual international appeal. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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