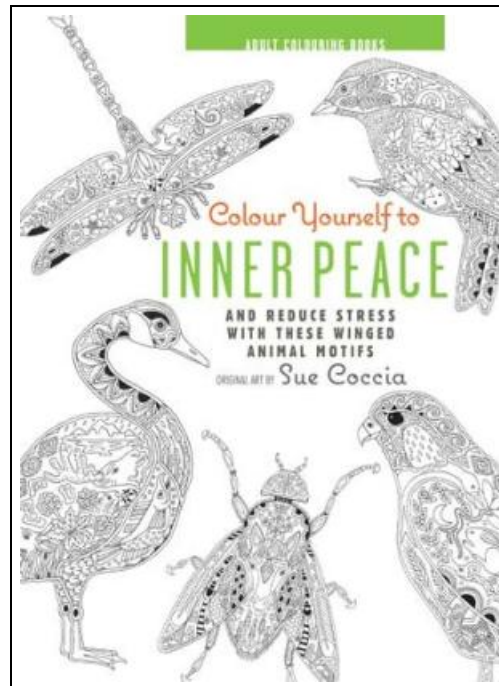


Colour Yourself to Inner Peace: And Reduce Stress with These Winged Animal Motifs (Hardback)



Filesize: 3.42 MB

Reviews

If you need to adding benefit, a must buy book. It really is writter in straightforward words and phrases rather than difficult to understand. Your life period is going to be change the instant you total reading this ebook.

(Letha Okuneva)

COLOUR YOURSELF TO INNER PEACE: AND REDUCE STRESS WITH THESE WINGED ANIMAL MOTIFS (HARDBACK)



Ryland, Peters Small Ltd, United Kingdom, 2016. Hardback. Condition: New. UK edition. Language: English . Brand New Book. Discover beautiful artworks of birds and other winged animals from artist Sue Coccia in this anti-stress adult colouring book. In the follow-up to *Colour Yourself to Calmness*, Sue Coccia presents a collection of original artworks that feature winged animals from around the world. Colouring in these stunning images will soothe and relax you, bringing you inner peace and calm. Colouring has become a form of art therapy, as well as a way to help you explore your creativity. From waterfowl to birds to prey, as well as insects such as dragonflies, Sue's fascinating images reveal her deep connection to the animal kingdom that surrounds her at home in Washington State, USA. The drawings depict animal totems, which have deep spiritual meaning; by beginning to understand animals qualities and traits, we can learn from them. Most people already have a favourite animal that they identify with, even if they cannot always express why. Each artwork is drawn by hand: Sue chooses which animal to draw and plans the outline only in her mind, then begins drawing. She starts in the middle and works outwards, incorporating intricate imagery of other animals and nature, which are all connected to each other and to the main animal. Finally, she adds the outline, creating a spectacular, meaningful artwork. As always, there is a ladybird hidden in every image: she represents good luck, happiness and prosperity!.



[Read Colour Yourself to Inner Peace: And Reduce Stress with These Winged Animal Motifs \(Hardback\) Online](#)



[Download PDF Colour Yourself to Inner Peace: And Reduce Stress with These Winged Animal Motifs \(Hardback\)](#)

Relevant Kindle Books



The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to...

[Read PDF](#)

»



Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home

Random House USA Inc, United States, 2009. Paperback. Book Condition: New. 2nd. 229 x 185 mm. Language: English . Brand New Book. Provide a solid education at home without breaking the bank. Introduced in 2000,...

[Read PDF](#)

»



The Savvy Cyber Kids at Home: The Defeat of the Cyber Bully

Createspace, United States, 2014. Paperback. Book Condition: New. Taylor Southerland (illustrator). 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.The adventures of CyberThunder (Tony) and CyberPrincess (Emma) continue in...

[Read PDF](#)

»



At-Home Tutor Language, Grade 2

Evan-Moor Educational Publishers. Paperback. Book Condition: New. Paperback. 96 pages. Dimensions: 10.7in. x 8.2in. x 0.3in. Developed by teachers, this curriculum-based series provides practice of important math and reading skills-ideal for providing additional practice at home....

[Read PDF](#)

»



At-Home Tutor Math, Kindergarten

Evan-Moor Educational Publishers. Paperback. Book Condition: New. Paperback. 96 pages. Dimensions: 10.6in. x 8.2in. x 0.3in. Developed by teachers, this curriculum-based series provides practice of important math and reading skills-ideal for providing additional practice at home....

[Read PDF](#)

»

**No Friends?: How to Make Friends Fast and Keep Them**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any

[Read eBook](#)

»

**Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English]**

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to

[Read eBook](#)

»

**Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large**

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who

[Read eBook](#)

»

**Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 4: Wet Feet (Hardback)**

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK s best-selling home reading series. It

[Read eBook](#)

»

**Becoming a Spacewalker: My Journey to the Stars (Hardback)**

Purdue University Press, United States, 2014. Hardback. Book Condition: New. 284 x 216 mm. Language: English . Brand New Book. This nonfiction picture book is a children s version of NASA astronaut Jerry L. Ross

[Read eBook](#)

»