

The Guru s Gift: A Kundalini Awakening (Paperback)

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Reviews

The most effective pdf i ever read through. I am quite late in start reading this one, but better then never. Its been developed in an exceedingly simple way in fact it is only soon after i finished reading through this pdf by which in fact altered me, modify the way i think. (Audra King IV)

THE GURU S GIFT: A KUNDALINI AWAKENING (PAPERBACK)



Lotus-Blessings, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.When a dramatic Kundalini awakening occurred in 1979 from the influence and guidance of a great guru, this Yuppie housewife s life was thrown into a whirling spiral of mysticism and magic. Using the guru s mantra and practices, Ruth, entered a world of wonder and bliss. Spinning off the ground, reading others thoughts, reading languages never learned, and dancing ecstatically were daily delights that eventually devolved into a heroes journey of cleansing the subconscious of its hidden dragons. As the cleansing process scoured her psyche, nights without sleep, days spent in a living dream, and great winds of depression brought out revengeful ghosts, sucking all the life from the soul. She was on the classical hero s journey towards self-realization, described by Joseph Campbell in The Hero with a Thousand Faces. It had begun in bliss and then became a living nightmare. In 1979 no one in my culture knew anything about such crazy behavior. No one understood this lonely, confusing process where boundaries of time, awareness and self cease to exist. Finally this journey culminated in a climactic but classic ego death spiral. After visiting the guru in person, receiving his invaluable assistance, the ghouls and merging realities stabilized and Ruth was once again, the reliable, sensible, sane wife, mother and graduate student. In 1993, still puzzled and embarrassed by the trauma caused to her family, Ruth began researching Kundalini, and 20 years later has been able to explain logically what took place in those intense 18 months. Her wide-ranging research has lead to this comprehensive explanation of some of the most wonderful and miraculous attributes of being born a human. The book will bring comfort to those going through this...

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