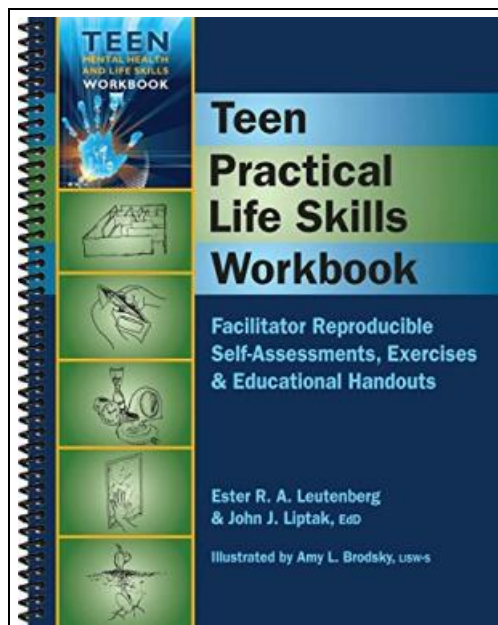


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TEEN PRACTICAL LIFE SKILLS WORKBOOK



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Whole Person Associates, Inc. No binding. Condition: New. 120 pages. Dimensions: 10.9in. x 8.7in. x 0.2in. One important task of teens is learning practical life skills, critical for personal and professional success. Research indicates that life skills intelligence is as important as a teen's intelligence quotient (IQ) and emotional intelligence. Teens depend on effective life skills every day. With these skills they create a successful quality of life as they grow their inner resources. Effective practical life skills help teens take charge and manage their lives in an increasingly complex society. Life skills can help them manage change and work effectively with their environments, their peers and other adults. The purpose of this workbook is to help teens develop the critical life skills that will assist them in meeting the demands of everyday life in a safe, mature and responsible manner. The most important reason life skills intelligence is of such high importance is that, unlike the knowledge measured by traditional IQ tests, life skills can be learned and refined so that one can lead a successful, satisfying and productive life. The Teen Practical Life Skills Workbook contains five separate sections to help participants learn more about themselves and the competencies they possess in many life skills areas. Participants will learn about the importance of life skills in their daily lives. They will complete assessments and activities to keep them become better managers of life and to assist their development of greater life skills. The sections of this book are: Problem-solving scale helps teens understand how they attempt to solve problems, and provides instruction to improve their problem-solving skills. Money management style scale helps teens to identify their style in managing money, and provides instruction for capable money management. Time management skills scale helps teens identify how efficient they are...



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