



Whole-wheat cookies incorporated with african yam beans flour

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Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | This publication is a scientific (physical, chemical and sensory) evaluation of an innovative advancement in tropical agriculture and food processing. The study presents a detailed research into the incorporation of a tropical crop (African Yam Beans) in whole-wheat flour for the production of cookies. This eventual scientific output is aimed at tackling the scourge of poor food fortification and malnutrition (especially within women and children) in sub-saharan Africa, hence a proceeding recommendation which would lead to the realisation of a sustainable development in food security. The African yam beans (*Sphenostylis Stenocarpa*) which has a high protein percentage has also been proved to be a viable crop for tackling protein-energy malnutrition in the tropics. | Format: Paperback | Language/Sprache: english | 88 pp.



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