

# The Lighthouse: A Journey Through 365 Days of Self-Love (Paperback)

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### THE LIGHTHOUSE: A JOURNEY THROUGH 365 DAYS OF SELF-LOVE (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In a Sea of darkness, the one who escapes will have found the light within oneself. It took Heather Anne Talpa twenty-eight years to figure out how to change the world. In this lively Narrative, follow the author on her 365-day-journey to self-love! Two days before her birthday in 2014, after delving into the lowest point of her life journey due to some recurring health issues, Heather embarked on a mystical journey to discover her life s purpose. She decided to surrender the need to control her life in favour of following the guidance of an intuitive thought she received that told her to just start loving herself. As the days went on and Heather continued to inject conscious self-love into her mind, she realized that something was happening to her - she realized that she was changing her life by her thoughts alone. Join Heather on this enchanting, real-life adventure through the wilderness of her own being and discover the power of the Lighthouse for yourself!.

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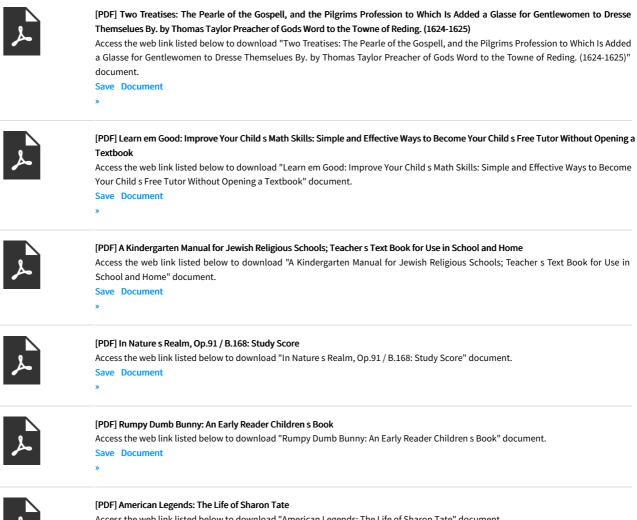
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