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Salads: 180 Delicious Recipes Shown in 245 Stunning Photographs

By Anne Hildyard

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, Salads: 180 Delicious Recipes Shown in 245 Stunning Photographs, Anne Hildyard, This title features 180 delicious recipes shown in 245 stunning photographs. You can enjoy the very best salads in this delectable collection - ranging from family classics to dishes with an international twist. You can try tempting combinations such as Fresh Tuna Salad Nicoise, Coronation Chicken, Warm Potato Salad with Bacon Dressing, Waldorf Rice Salad, Coleslaw with Blue Cheese and Refreshing Fruit Salad in a Tangy Dressing. Each beautifully photographed dish has clearly explained step-by-step instructions, and a complete nutritional analysis so that you can plan your meals. You can choose from a selection of vegetable, fish, poultry, meat, side and fruity recipes. It covers salad essentials, including vegetables, leaves, herbs, oils and vinegars, with basic recipes for salad dressings, mayonnaise and dips. Salads must be one of the most versatile dishes - they can be eaten as an appetizer or a main course, enjoyed cold or warm, almost any food can be included, and you can choose from a huge variety of salad vegetables, fruits and seasoning's. Fresh ingredients such as fish, meat, chicken or tofu, and a tempting dressing,...



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