

## Preparedness Now!: An Emergency Survival Guide

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## Reviews

*I actually started out looking at this publication. It normally is not going to cost too much. I am just happy to let you know that this is basically the finest publication i have got read through within my very own life and may be he very best publication for possibly. (Karelle Rippin)* 

## PREPAREDNESS NOW!: AN EMERGENCY SURVIVAL GUIDE



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Process Media, United States, 2009. Paperback. Book Condition: New. 2nd Revised edition. 226 x 152 mm. Language: English . Brand New Book. In uncertain times, a solid preparedness plan is essential for every individual and family. PREPAREDNESS NOW! navigates the new realities of twenty-first century living: extreme weather, economic instability, terror attacks, and more.Packed with checklists, resources, and step-by-step instructions, PREPAREDNESS NOW! details everything needed for office, car, and home preparedness. This newly expanded and revised edition includes an extended chapter on food and water storage and urban gardening, techniques in personal defense, and the latest and best preparedness products on the market. This book encourages basic lifestyle changes that lead to a more self-sufficient and satisfying existence, regardless of circumstance. PREPAREDNESS NOW! is written by one of the most experienced preparedness experts in the field. Aton Edwards is executive director of the International Preparedness Network (IPN) and has worked with the Red Cross, NYPD, Center for Disease Control, and thousands of people domestically and overseas.This manual delivers practical advice on: Building your emergency kits for home, car, and officeWater quality control and storage Emergency shelter, power, lighting, and heatingEmergency transportation, communications, and evacuationExtreme weather preparednessChemical, biowarfare, and nuclear preparednessDefense against infectious diseasesPersonal defense and crime prevention for the twenty-first century home.

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