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Blank Cookbook and Meal Planner: Going Vegan: Collect Your Best Vegan Recipes in This 60 Page Blank Cookbook with 5 Week Template Meal Planner to Kick-Start Your New Vegan Life. (Paperback)

By Ceri Clark

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Going vegan has never been so easy. Changing any diet can be hard work but going vegan has its own challenges. Use this blank cookbook to collect the best recipes you find. Plan your meals over the next 5 weeks with the handy template meal planner. This empty cookbook has 60 blank recipe pages for you to fill in with your best vegan baking, desserts and mains recipes. There are conversion tables for weights and measures at the back. The 5 week meal planner has spaces to fill in all the main meals, breakfast, lunch and dinner as well as snacks to avoid reaching for food you really rather wouldn't. Next to each slot there is a space to write in the recipe number so you can find the recipe you need quickly at the back of the book. Each recipe page has a slot for The recipe name How many it serves The oven temperature Prep and cook times Ingredients Method and Notes At the front of the book there is an index with page numbers already filled in....



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