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## A Woman s Write: A Journey Through Addiction Recovery (Paperback)

By Addiction Services Womenkind Addiction Services, Womenkind Addiction Services

iUniverse, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Writing helps me release pain that I block. It gives me a freedom. When I walk out of writing class I feel a relief and enjoy sharing and developing my writing with other women. -Lelania H. Writing has given me hope. I am sorrowful when I walk in and light on my feet when I leave. It is like self-therapy. It s a nice experience to bond with other women. I never believed I could write but I have learned that if I am passionate and speak from my heart that I can. We encourage each other and give each other hope. -Tricia C. I was feeling gloom and doom. Writing gives me a release. I never saw myself as a writer before I took the class. Now I believe that what I write and say is valid. -Shelley H. A Woman s Write is a collection of poetry and prose capturing the experience of women learning to understand themselves and rebuild their lives as they overcome their addictions. The authors featured in this anthology are from a diverse range of backgrounds,...

### Reviews

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