

Hapkido: Blue Belt Requirements



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Reviews

I just started off reading this article ebook. It is actually written in basic words and not confusing. I am just very happy to let you know that this is the best ebook i actually have read through inside my individual daily life and can be the finest ebook for possibly.
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HAPKIDO: BLUE BELT REQUIREMENTS



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Createspace, United States, 2013. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.HAPKIDO MANUALS ----- An invaluable series of study-guides summarizing all Hapkido belt ranks, from novice to master-level. Concise, affordable, easy to use. ----- VOLUME 3 of 9-This manual is part of a series of manuals summarizing promotion requirements and techniques for specific Hapkido color-belt and black-belt ranks. These manuals are intended to be used as a quick reference for techniques already learned; as a study guide for test preparation; and as an aid to serious, long-term training. These manuals are not stand-alone texts, but should be used along with Marc Tedeschi s 1136-page Hapkido book. Students new to Hapkido may wish to first obtain Mr. Tedeschi s 128-page Hapkido book, which contains a concise overview of Hapkido s history, philosophy, and techniques, along with fundamentals. Collectively, these groundbreaking books and manuals constitute a comprehensive curriculum encompassing all ranks, from novice to master. This volume includes: 564 bw photographs 168 techniques (40 yellow, 45 green, 83 blue) Color-coded to indicate rank-level of skills Concise captions and notes View samples online at.



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