

SOCCER.Gaming drills with the contiguous goals for play technique training (SCIENCE OF WINNING IN SOCCER) (Volume 1)

By Boris Chirva

Chirva B. Paperback. Condition: New. 124 pages. Dimensions: 8.5in. x 5.5in. x 0.3in.In this book the principles, the method and the methodical techniques of build-up of gaming drills with the contiguous goals for play technique training by the players are described. More than 50 gaming drills with the contiguous goals, focused on training of attacking and defending actions training in 18-yard box, zone of attack and midfield zone, are listed. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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