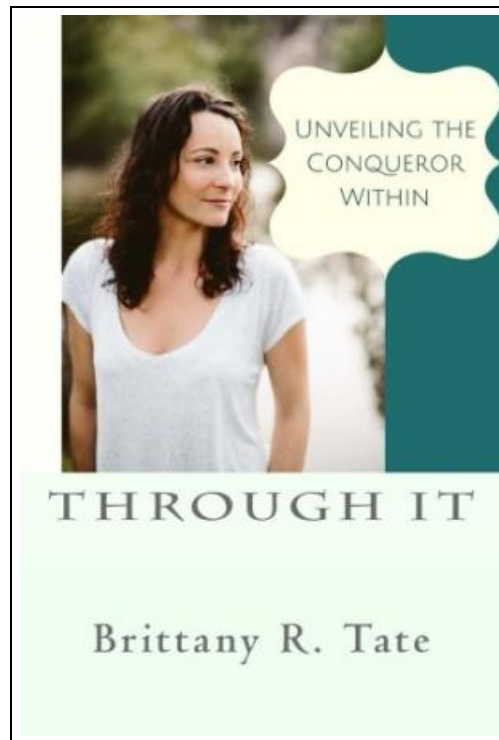


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Everyone has experiences that have taken their life down an unexpected crash course. Seeing where they have ended up in comparison to where they desire to be can be discouraging. Even with giving their all, it seems impossible to gain the necessary traction to reach the next victory in money, time, and mental freedom. Have you ever felt stuck? What has been lost along the way? Multi-Passionate Entrepreneur, Social Justice Advocate, and Founder of SeedSoilWater.Today Brittany Sunshyne Tate experienced some obstacles herself and is sharing how she was able to conquer and move through it! Through It: Unveiling the Conqueror Within takes readers on a candid interactive journey as Brittany shares her story from surviving to thriving, offering actionable ideas that helped move her through Post-Traumatic Stress Disorder, depression, anxiety, dissatisfaction in her career path, physical health struggles and worst of all, the loss of her faith. No matter whether you re an avid believer or atheist, this book has something to offer if you desire a solution-driven lifestyle. Through It is an interactive read for solution-seekers delving into crucial concepts including self-awareness, taking control of mind and emotions for success, coping with trauma, identifying and moving through challenges that stunt growth, spiritual identity, damaging cultural norms, and facing debilitating fear in order to access your definition of a fulfilling and abundant life. Boldly open your mind to the dreams that you ve hidden away underneath the pain, stress, and excuses. Move through the jungle of your life s obstacles and behold your inner conqueror! What s on the other side of your victory? Through It: Unveiling the Conqueror Within is for those tired of just getting by in life, ready...



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