

[DOWNLOAD](#)

## Changing the Game: 10 Perspectives to Taking Charge of Your Life (Paperback)

By Laurens Boel

Partridge Africa, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Life only has the meaning we choose to give it (Les Brown). The meaning we give life is created through the way in which we interpret life: through our filters. The question is, can we change those filters? Join Laurens on a whimsical ride through his genuine and open life experiences that shed light on various mind-set-altering tools that he has used to become an author, personal development coach, and inspirational speaker. The book consists of five chapters that cover (i) self-awareness, the cornerstone to emotional intelligence and crucial to understanding your thoughts and redirecting your focus to empower your reality; (ii) challenging your negative thoughts in a safe and empowering way that you are able to move forward and unlock your greatness; (iii) ten perspectives that you can use to take charge of your life and learn to view situations using a different lens; and (iv) goal setting and taking action, because without action things in your life will not change. This chapter offers tools and methodologies, successfully tried and tested, to empower a change in perspective. Last is (v)...



[READ ONLINE](#)  
[ 1010.98 KB ]

### Reviews

*The most effective ebook i at any time study. It can be writer in easy words and phrases and not difficult to understand. I am just pleased to let you know that this is the finest publication i have read within my individual lifestyle and could be he finest publication for at any time.*

-- **Tania Mosciski**

*Simply no phrases to describe. It is amongst the most awesome pdf we have read through. Your life period will probably be transform as soon as you complete looking over this publication.*

-- **Torrance Skiles**