Coping with Endometriosis: A Practical Guide

By Phillips, Robert; Motta, Glenda

Avery, U.S.A., 2000. Soft cover. Condition: New. 1st Edition. "Coping with Endometriosis" is the latest addition to Avery's "Coping With Chronic Diseases" series, with over 390,000 copies sold. An estimated 5.5 million women in the U.S. and Canada suffer from the physical and emotional pain of chronic endometriosis. Despite this number, the disease is largely misunderstood and frequently misdiagnosed. This authoritative book thoroughly explains endometriosis, a disorder that effects a woman's reproductive and immune systems, causing painful growths, bleeding and often infertility. Readers will learn about the latest treatment options, including both conventional and alternative therapies. Like the other books in this series, it offers wonderful suggestions for alleviating the psychological and emotional anguish, which often accompany chronic diseases. This is a coping guide that will help women and their families take control and lead fuller, more normal lives. About the Author: Glenda Motta, RN, MPH is a nurse who suffered with severe pain since age 10. She was not diagnosed with endometriosis until in her late 30s with the onset of laparascopy. After undergoing extensive surgery at age 47, she has been pain free for six years. Glenda understands endometriosis from the perspective of both a patient and a...

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