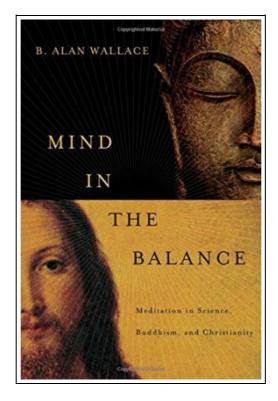
## Mind in the Balance: Meditation in Science, Buddhism, and Christianity



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