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## Periodo. Guia de Una Joven: Period. a Girl's Guide, Spanish-Language Edition (2nd)

By Joann Loulan, Bonne Worthen, Chris Wold Dyrud, Marcia Quackenbush, Bonnie Worthen

Book Peddlers. Paperback / softback. Book Condition: new. BRAND NEW, Periodo. Guia de Una Joven: Period. a Girl's Guide, Spanish-Language Edition (2nd), Joann Loulan, Bonne Worthen, Chris Wold Dyrud, Marcia Quackenbush, Bonnie Worthen, Due to good nutrition, better health, and other factors, girls these days really do grow up faster than they used to. The average girl begins to develop between the ages of eight and ten, with menstruation starting two to three years later. Unfortunately the subject remains a difficult one for many parents to broach. Geared toward parents and their daughters, this Spanish-language edition of "Period offers a refreshingly positive perspective on puberty and menstruation, without sex education. Thoroughly revised and updated, "Periodo shows how to teach girls a healthy attitude toward their bodies. Complete with clear illustrations and a parent's guide, it covers the subject in a thoughtful and thorough manner.

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