



## Sit or Stand 2.0: Living Successfully Beyond Your Shadows (Paperback)

By Cory George

Cory George Media, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Neither childhood sexual assault, a seemingly debilitating speech impediment, bullying, or bearing witness to drug and alcohol addiction within his family resulted in total defeat for the author of this gripping and frankly transparent literary offering that combines the power of testimony with carefully crafted lessons. Author, speaker, and coach practitioner, Cory George, raises the stakes for the reader to make the life-changing decision to reconcile their past hurts and to recognize and accept the valuable life lessons that will ultimately lead to better life choices. If you are tired of SITTING and continually accepting consequences related to past decisions and stuck in a continuous loop of pain, negative consequences based on bad choices, and wondering how to make sense of it all then Sit or Stand 2.0 offers, from a coach s perspective, a playbook of tried-and-true techniques that will assist you in four critical areas of situation resolution: Acceptance, Forgiveness, Reconciliation, and Retention and Application of Wisdom. In addition, you will come to further understand how pain, adversity, and trials can be transformed into PURPOSE and PASSION. This highly-relatable and highly-palatable...

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