



## Protect Yourself from Electromagnetic Pollution by Using Crystals

By Barbara Newerla

Findhorn Press Ltd. Paperback. Book Condition: new. BRAND NEW, Protect Yourself from Electromagnetic Pollution by Using Crystals, Barbara Newerla, The definitive guide to crystals and electronic contamination, this guidebook explains how and when these healing rocks can provide relief. Electromagnetic pollution, also known as electrosmog, from mobile phones, computers, microwaves, hearing aids, televisions, radios, and even calculators, can cause or aggravate a number of disorders, including fatigue, irritability, aggression, hyperactivity, insomnia, and emotional instability. This convenient reference provides useful pictures of which crystals to employ along with short descriptions of how they combat these conditions, which in some cases can cause convulsions, memory problems, and depression. Concise and practical, this is the essential handbook to protecting against modern-day environments.



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