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YOUR FAMILY DOCTOR, ARTHRITIS: DIAGNOSIS AND PREVENTION, MEDICINES, SELF-MANAGEMENT



Wisdom Tree. Paperback. Book Condition: new. BRAND NEW, Your Family Doctor, Arthritis: Diagnosis and Prevention, Medicines, Self-Management, Vinod Wadhwa, Accepting arthritis is not the same as accepting pain. Most patients of arthritis believe there is nothing they can do about the pain that accompanies the disease, and that any exercise of the joint will further worsen it. This handy and effective book dissolves such myths and explains the causes, prevention and management of rheumatoid arthritis, osteoarthritis, gout and osteoporosis. Covering...

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- · Authored by Vinod Wadhwa
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