



## The Skinny on Being Skinny

By Natalie Packer

Word Alive Press, United States, 2012. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This is a memoir, a journey through a young girl's life, from infancy to maturity, from sickness to health, from darkness to light, from fear to freedom. in Christ. It illuminates the struggles our youth face and how a lack of true relationship with God contributes to the destruction of one's body image and self-esteem. As the author nears death, she comes face-to-face with a loving, forgiving, gracious God and hope springs anew. Miracles abound and a life spent in worship ensues. The story is realistic and relevant, demonstrating that having faith doesn't eliminate obstacles. However, faith provides the tools necessary to meet these challenges and overcome them. Literature on eating disorders is scarce, particularly in Canada, and practically unheard of from a Christian perspective. Originally written to inspire families of those struggling with eating disorders, its audience encompasses anyone from those fighting body image issues or addiction to those seeking a fresh perspective on faith. This truly is the skinny on being skinny, a plea for God to help each of His...



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### Reviews

*This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You won't feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).*

*-- Prof. Kirk Cruickshank DDS*

*This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better then never. I found out this book from my dad and i encouraged this pdf to find out.*

*-- Justus Hettinger*