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# THE SUPER DAN METHOD OF FREE-FIGHTING: TAKING YOUR SKILLS TO THE NEXT LEVEL (PAPERBACK)

### The Super Dan Method of Free-Fighting



Taking Your Skills To The Next Level  
Prof. Dan Anderson - 10th Dan  
National and World Free Fighting Champion  
Jiu-Jitsu Grand Master, Judo Black Belt

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Super Dan Method of Free-Fighting lays out the technology of free-fighting in an easy to learn and effective manner so that any student who applies this material can up their game immediately. Prof. Dan Anderson, a world champion and 10th Dan Black Belt, has spent 51 years refining his knowledge so that the average karate student can immediately impact their...

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- Authored by Prof Dan Anderson
- Released at 2018



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