



Moveme: Harnessing the Power of Your Thoughts for Personal and Professional Greatness (Hardback)

By Marcal Graham Ed D

iUniverse, United States, 2010. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Is it true that you are what you think? MOVEME is a process that encourages you to think about how you approach life, family, friends, and work. Most people walk through life never thinking deeply about why things are happening to them, accepting whatever life throws at them. Several core qualities separate those who value short-lived happiness from those who strive for long-term success. MOVEME stands for these six ideas: Motivation: to do things that take them out of their comfort zone to strive for excellence; Openness: a willingness to listen to new ideas that may be beneficial to their growth, personally and professionally. Vision: the ability to see beyond the surface of situations; to see beyond what is directly in front of them. Exposure: encourages you to think about the kinds of experiences you have been exposed to in your life, Mastery: dedication to excellence in everything that you do in life. Engagement: interaction with groups, organizations, and the community to get things accomplished. The workbook format of this book is essential to identify and dismantle the mindsets and attitudes that we...



Reviews

It is an awesome publication which i actually have ever read through. it had been writtern really properly and valuable. I found out this book from my i and dad recommended this pdf to discover.

-- Doyle Schmeler

This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Brennan Koelpin