



Understanding of Self: Simple Ways to Harness the Power within

By J.L. Dhar

Wisdom Tree. Paperback. Book Condition: new. BRAND NEW, Understanding of Self: Simple Ways to Harness the Power within, J.L. Dhar, Practical, precise and full of real-life examples, this book is meant to be your intimate life-coach. In fact, this book is an invitation - an invitation to truly know and understand yourself. But it is not an invitation that somebody else has sent you. It has actually come from the deep yearning of your own soul. It is an invitation from you to yourself. Be invited and undertake the journey within.



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