



The Chic Mom s Guide to Feeling Fabulous: Easy Tips for an Amazing Life After the Stork Has Arrived and Beyond! (Paperback)

By Nina Sutton

iUniverse, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Bringing your baby into the world rocks your life. Not only is your body changing physically, but everything is now different-your home, relationships, and finances. And that barely scratches the surface! The Chic Mom s Guide To Feeling Fabulous is a practical approach to feeling fabulous in every area of your life following the birth of your beautiful bundle. Fashion and beauty expert Nina Sutton brings together actionable advice on beauty, fashion, fitness, relationships, cooking, finances, and even positive thinking. Her approach focuses on realistic strategies to being chic despite the midnight feedings, extra responsibilities, and changing emotions. Both new and experienced moms will appreciate the practical, easy-to-read advice Nina shares. Tips cover the entire spectrum of chic including energizing your skin, essential fashions for your closet, staying fit with baby/toddler in tow, creating mommy and me happy hours, keeping the romance alive with your husband, preparing fast and fabulous meals, and managing your finances. Presented in a beautifully browsable format, this guide includes hundreds of tips to help manage the new life that has been created. As your busy life gets busier...



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