



Staying Strong

By Demi Lovato

FEIWEL FRIENDS, United States, 2014. Paperback. Book Condition: New. 180 x 124 mm. Language: English . Brand New Book. Going hand-in-hand with Demi Lovato s #1 New York Times- bestselling book of affirmations, Staying Strong: 365 Days a Year, comes a companion journal. In a beautifully designed and free-flowing paperback format of lined pages and blank pages, this journal has everything for readers and writers to capture and reflect on what they feel at any given moment. Staying Strong: A Journal also features new quotes chosen by Demi throughout to help inspire and motivate expression happiness, sadness and everything in between. Demi reminds readers that it s important to express yourself in order to stay strong every day. Two things define you: your patience when you have nothing, and your attitude when you have everything. Unknown.



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Reviews

It in one of the most popular publication. It really is writer in easy words and not difficult to understand. You are going to like how the author write this book.

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Completely essential go through book. This is for all who statte there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lydia Legros