

You Say More Than You Think: Use the New Body Language to Get What You Want!, the 7-Day Plan (Paperback)

By Janine Driver, Mariska Van Aalst

Random House USA Inc, United States, 2011. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Now You re Talking! Do you want to be bulletproof at work, secure in your relationship, and content in your own skin? If so, it s more important than ever to be aware of what your body is saying to the outside world. Unfortunately, most of what you ve heard from other body language experts is wrong, and, as a result, your actions may be hurting, not helping, you. With sass and a keen eye, media favorite Janine Driver teaches you the skills she used every day to stay alive during her fifteen years as a body-language expert at the ATF. Janine s 7-day plan and her 7-second solutions teach you dozens of body language fixes to turn any interpersonal situation to your advantage. She reveals methods here that other experts refuse to share with the public, and she debunks major myths other experts swear are fact: Giving more eye contact is key when you re trying to impress someone. Not necessarily true. It s actually more important where you point your belly button. This small body shift communicates true interest more powerfully...



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