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Freezer Cookbook

By Valerie Ferguson

Hardback. Book Condition: New. Not Signed; This is the busy cook's practical guide to preparing and freezing in advance. Here's how to provide meals in minutes with more than 30 inspirational recipes, from appetizers to main courses and desserts. Step-by-step instructions ensure success every time you cook and freeze. It features dishes for all occasions, from tasty after-work casseroles to impressive dinner-party creations that allow you to be with your guests. You can enjoy seasonal fruits and vegetables all year round. It includes advice on types of freezers, as well as packing, freezing and defrosting foods. The freezer is an invaluable piece of kitchen equipment. Convenience foods are useful, but it is worth making space in the freezer for some home-cooked, nutritious dishes, too. Far from increasing time spent in the kitchen, a freezer will reduce it. Cooking in bulk can be much more economical and will mean you can have food in the freezer ready for when you are short of time. Many dishes can be defrosted quickly in the microwave, so you may not even need to think ahead. This book contains over 30 perfect freezer recipes, with at-a-glance guides to defrosting and reheating. Whether you are planning...

Reviews

A new e book with a brand new standpoint. I am quite late in start reading this one, but better then never. I discovered this ebook from my i and dad advised this publication to understand.

-- Jada Franecki II

Here is the very best book i have got read through until now. I could possibly comprehended everything using this composed e publication. You will not sense monotony at whenever you want of your time (that's what catalogues are for concerning should you ask me).

-- Izaiah Schowalter