



The Sacred Now (Paperback)

By Mark Elber

Wipf Stock Publishers, 2017. Paperback. Condition: New. Language: English . Brand New Book. The Sacred Now presents a contemporary Jewish spiritual philosophy that is founded in both the Jewish tradition and a commitment to contemporary culture. It synthesizes the sensibilities of Kabbalah, philosophy, and secular spirituality. While the great timeless questions that humanity has asked itself remain unchanged, humanity's responses to these questions evolve over time. As society changes and our knowledge of the universe changes, our spiritual and religious life naturally must also evolve if we intend to remain engaged in the world around us. The Sacred Now examines the state of Jewish spirituality today, proposing orientations and practices geared toward cultivating consciousness of the Divine. It discusses the relationship of spirituality and religion, examines the functions of both structure and freedom in developing a lifestyle with a strong spiritual focus, while remaining cognizant that it is the practice more than the theory that ultimately matters. In this stimulating book, Rabbi Mark Elber shows us how to discover the Divine Presence in the midst of everyday life. Drawing on the profound insights of the Jewish mystical tradition, he creates a contemporary spiritual path accessible to anyone who seeks...

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