



## Philosophical base of ancient indian science of Ayurveda

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Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | The ancient Indian science of life, Ayurveda has successfully thrived since its inception till today due to its strong foundation in the form of basic principles. These basics or fundamentals of Ayurveda have a deeprooted relationship with the Indian philosophies mainly the theistic ones. The development of the Ayurveda theories of dietetics and therapeutics is based on the tenets of these philosophies. In spite of having greatly influenced by the philosophical schools of thought, the Ayurveda enjoys a place of pride as it has carved its own independent path in tandem with its aim of maintaining the health and treatment of the disease. This book therefore aims to bring to light, the basic tenets of all the six philosophies and their role in development of the basic principles of Ayurveda. | Format: Paperback | Language/Sprache: english | 88 pp.



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