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Healing Herbs: Beginners Guide to the World of Medicinal Plants, How To and Recipes (Paperback)

By Iliana B Velasco

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. To begin to understand the powers and significance of medicinal herbs, you must first re-focus your perspective, adopt a much wider angle so as to grasp the complexity of their action, the divine intelligence of their living structure. Their modus operandi is so organic and in consequence so much different than the way we look at the word today. Non-differentiation is the most essential characteristic of plants, manifested in their biological evolution, their chemical structure and interactions, in their healing properties and of course in the magical effects they have on us. As such their behavior and action can be properly seen through a holistic sight, for they are after all organisms that so evidently react and influence the medium around them, they are contextual beings as you and me. The following topics are discussed in this book: - NATURE PERVADES - THE HOW TO SUMMARY OF MEDICINAL PLANTS - A FEW HEALING HERBS, THEIR EFFECTS AND SOME LESS KNOWN BENEFITS - RECIPES - DR. BACH FLOWER REMEDIES - TREATING THE EMOTIONS - POISONOUS HERBS - THE WAKE-UP CALL.



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