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# Hiking the West Coast of Vancouver Island: An Updated and Comprehensive Trail Guide (Paperback)

#### By Tim Leadem

Greystone Books, Canada, Canada, 2015. Paperback. Condition: New. Third Edition. Language: English . Brand New Book. The rugged west coast of Vancouver Island offers some of the most spectacular and storied hiking in the Pacific Northwest. Home to the world-famous West Coast Trail, once a lifeline for marooned sailors and still among the most breath-taking yet demanding hikes on the continent, the island s western shores also feature lesser-known coastal trails for all abilities. From the tidal pools and pocket beaches of the Juan de Fuca Marine Trail to the craggy surf-swept shores of Shushartie Bay and the North Coast Trail, the ten areas covered in this volume will give you a taste of the region s best hiking terrain. This third, fully updated and expanded edition, delivers the detailed trail descriptions, insider tips and clear two-colour maps that hikers have come to rely on plus two entirely new sections on the wild and challenging North Coast Trail extension from Cape Scott and the remote and rarely visited Tatchu coastal hike on the Rugged Peninsula. Less-experienced hikers may enjoy the Juan de Fuca Trail, a southern extension of the West Coast Trail from Port Renfrew to Jordan River, or the trails...



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#### -- Rhiannon Steuber

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