



## My Prime Time: Middle Age is only the Beginning

By Aspen, Nelson

New Holland Publishers. Condition: New. The author is known to millions as the witty and entertaining Hollywood showbiz reporter and celebrity interviewer on morning television, radio, in print and on-line. In this memoir, he shares with the reader his practical advice for staying physically, emotionally, mentally and financially fit, well and content, through middle age and beyond. Num Pages: 256 pages. BIC Classification: HP; VS. Category: (G) General (US: Trade). Dimension: 215 x 143 x 27. Weight in Grams: 452. . 2014. Hardcover. . . . Books ship from the US and Ireland.



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