



Gratitude Colouring Journal (Paperback)

By Charlotte George

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. *****HOURS OF THERAPEUTIC AND RELAXING PLEASURE ***** Gratitude Colouring Journal contains inspirational quotes, beautiful patterns and mandalas to colour and ample space for your own gratitude exercises and thoughts Gratitude is one of the most powerful forces in nature. It may not look as good as money, a big car or truck, a palatial house, or your current house renovation, in fact, you can't see it at all, however, gratitude has more power to alter your life than all those things combined. The dictionary informs us that gratitude is the expression of gratitude and thanks however this does not begin to convey its genuine effect. Here are some other inspirational definitions. Gratitude stops you taking your life for granted and helps you recognize the number of advantages you have in your life. Gratitude makes people feel better and makes you feel much better. Gratitude raises your awareness of things around you. Gratitude is simple, fast, and easy. Gratitude motivates you. Gratitude nurtures the soul. Gratitude is like interest on money in the bank: the more you put in, the more you...



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