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THE SCIENCE OF SELF-HYPNOSIS: THE EVIDENCE BASED WAY TO HYPNOTISE YOURSELF (PAPERBACK)



Awake Media Productions, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The Science of Self-Hypnosis: The Evidence Based Way To Hypnotise Yourself is a book written for anyone wanting to learn about self-hypnosis and how to use it. This book is ideal for anyone; ranging from beginners who are new to the field of self-hypnosis, to experienced clinicians hoping to teach patients how to use self-hypnosis for therapeutic gain. Contained within this...

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- Authored by MR Adam Eason
- Released at 2013



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