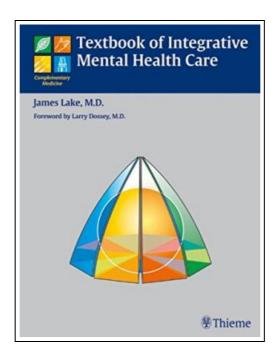
Textbook of Integrative Mental Health Care (Hardback)



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Reviews

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Germaine Welch)

TEXTBOOK OF INTEGRATIVE MENTAL HEALTH CARE (HARDBACK)



Thieme Medical Publishers Inc, United States, 2006. Hardback. Condition: New. Language: English. Brand New Book. This text offers an evidence-based approach to incorporating integrative psychiatry into practice that is pragmatic and useful, a great addition to the field of integrative medicine. --Roberta Lee, MD, Medical Director, Continuum Center for Health and Healing Dr. Lake must be congratulated for this ground-breaking work on CAM in psychiatry. It not only provides a conceptual framework for a deeper understanding of disease of the mind-body-spirit, but also gives evidence-based blueprints for where we are and where we could go. A must read for mental health professionals interested in the philosophy and practice of integrative psychiatry. --Richard P. Brown, MD, Associate Professor, Department of Clinical Psychiatry, Columbia College of Physicians and Surgeons Textbook of Integrative Mental Health Care is the first book to present a comprehensive framework of conceptual information and clinical guidelines for the integrative assessment and treatment of common mental illnesses. Complete coverage of the conceptual foundations of integrative mental health care allows the practitioner to gain a firm understanding of the philosophy and clinical methodology of integrative medicine. The textbook also describes evidence-based paradigms that enable the practitioner to develop assessment techniques and individualized treatment plans that address the unique needs of each patient. Highlights: Extensive evidence tables summarize assessment and treatment approaches Easy-to-follow algorithms guide the practitioner step-by-step from initial assessment to treatment planning Case vignettes describe intake, assessment and initial formulation, treatment plan, and follow-up This textbook will help psychiatrists, psychologists, and mental health care professionals develop safe and effective integrative approaches for the evaluation and treatment of emotional and mental problems.



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