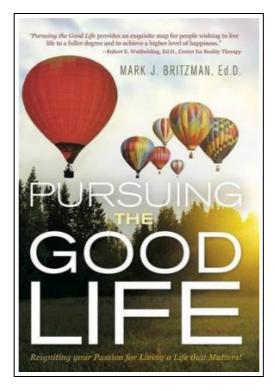
# Pursuing the Good Life: Reigniting Your Passion for Living a Life That Matters! (Hardback)



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### Reviews

Complete guide for ebook fans. Better then never, though i am quite late in start reading this one. Your life span will likely be convert when you full reading this ebook.

(Dr. Teagan Beahan Sr.)

## PURSUING THE GOOD LIFE: REIGNITING YOUR PASSION FOR LIVING A LIFE THAT MATTERS! (HARDBACK)



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True Directions, 2015. Hardback. Condition: New. Language: English. Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Pursuing the good life has been a quest for philosophers throughout recent human history as life became more than just surviving the many dangers of the day. A central question that has become even more important is, What makes life worth living? In Pursuing the Good Life, author Dr. Mark J. Britzman presents strategies to help you gain a more satisfying life experience. Offering more than psychological sound bites, Pursuing the Good Life shows you how to explore a new path by developing a plan that fulfills the need for love and belonging, empowerment, fun and enjoyment, freedom and independence, and higher states of good health and wellness. Britzman addresses how to: - Live well - Gain integrity with relationships - Find meaningful work - Experience a sense of purpose In this self-improvement book, Britzman provides an opportunity to self-evaluate and help you seize opportunities to make choices that are more life-enriching, leading to a better present and future. Pursuing the good life entails clarifying your hopes and dreams, finding an optimal direction that moves you closer to what you want, self-evaluating the consequences of your choices, and consistently developing a plan that is need-fulfilling.



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