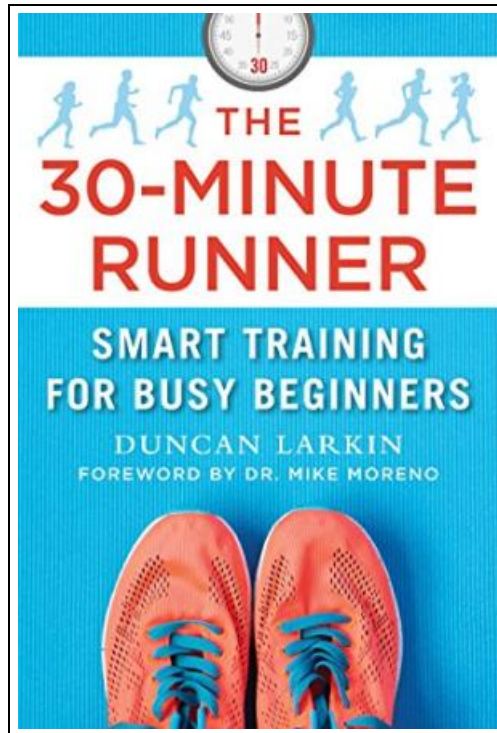


The 30-Minute Runner: Smart Training for Busy Beginners (Hardback)



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